



**UHC**  
UNIVERSAL HEALTH COVERAGE



**CALENDAR**  
**2 0 1 8**



## ABOUT THIS CALENDAR

India has adopted the United Nations **Sustainable Development Goals**. Goal 3 requires “Ensuring healthy lives and promote well-being for all at all ages” with **Universal Health Coverage (UHC)** as one of its core targets. **India's National Health Policy (2017)** is aligned to not just the national priorities but also its international commitments.

It aims to achieve **UHC** through free comprehensive primary health care services and improving access and affordability of secondary and tertiary care services by strategic purchasing of services from the private sector. The policy also seeks to reduce the proportion of households getting impoverished as a result catastrophic health expenditure.

Evidence from studies on publicly financed health insurance schemes emphasize the fact that purchasing of services from the private sector cannot help achieve **UHC**. What is essential is a holistic approach to health care, proactive strengthening of the public health sector and regulation of the private sector.

This year, 2018, **CEHAT's** calendar seeks to highlight and create awareness on some of the key entitlements of people that are recognized and grounded in the principles of **UHC**.



## ABOUT CEHAT

### CEHAT

Centre for Enquiry into Health and Allied Themes (CEHAT), the research centre of Anusandhan Trust, is a multidisciplinary institution conducting socially relevant health related research, training, service and advocacy. It is governed democratically through participatory management and upholds the principles of transparency, social accountability and ethics.

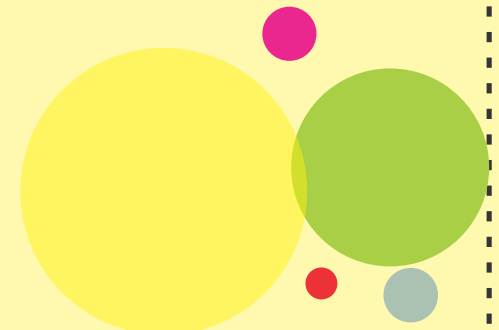
### Thank You!

We would like to thank members of CEHAT's Programme Development Committee and CEHAT colleagues for their feedback. A special thank you to Dr Manisha Gupte and Dr Soumitra Ghosh for their comments as well.

  
**Cehat** Centre For Enquiry Into  
Health And Allied Themes

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# UHC

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## Universality & Equity

### January 2018

Mo	Tu	We	Th	Fr	Sa	Su
01	02	03	04	05	06	07
08	09	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Shubhangi needs a hospital admission for a pregnancy-related complication. But she has been repeatedly turned away because of her status as an HIV+ person.

### February 2018

Mo	Tu	We	Th	Fr	Sa	Su
			01	02	03	04
05	06	07	08	09	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

Every citizen of our country has a right to comprehensive health services including promotive, preventive, curative, rehabilitative and palliative care; irrespective of their health status, gender, caste or religion. The National Health Policy 2017 recognizes health as a right.

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## Social Inclusion And Non-Discrimination

March 2018

Mo	Tu	We	Th	Fr	Sa	Su
			01	02	03	04
05	06	07	08	09	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Zubeida, faces overt and covert discrimination every time she tries to seek medical care and so avoids going to hospitals. Loose comments from hospital staff, such as “these people generally have many children” and “they never want to use contraception” are discriminatory, violating her right and access to health care.

April 2018

Mo	Tu	We	Th	Fr	Sa	Su
						01
02	03	04	05	06	07	08
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23	24	25	26	27	28	29
30						

Biases of health care providers can negatively impact access to health services of socially excluded and discriminated groups such as religious minorities, street children, transgender individuals, sex workers and tribals. UHC requires inclusive policies and practices.

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## Promoting Rational and Quality Care

May 2018

Mo	Tu	We	Th	Fr	Sa	Su
	01	02	03	04	05	06
07	08	09	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Lata, 32, is a domestic worker. While at work one day, she felt extremely weak and exhausted. She went to the local doctor who, without any inquiries or investigation put her on a glucose drip. This irrational "treatment" cost her ₹ 800.

June 2018

Mo	Tu	We	Th	Fr	Sa	Su
				01	02	03
04	05	06	07	08	09	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Such irrational practices are rampant and must be eliminated. All doctors and hospitals should provide good quality rational care by adhering to standard treatment protocols.

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## Protection of Rights of Patients

July 2018

Mo	Tu	We	Th	Fr	Sa	Su
						01
02	03	04	05	06	07	08
09	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Every patient has a right to autonomy, privacy, confidentiality, access to quality care, grievance redressal and information regarding treatment and access to their medical records.

August 2018

Mo	Tu	We	Th	Fr	Sa	Su
		01	02	03	04	05
06	07	08	09	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Every health care provider should respect, protect and promote patients' rights in public and private health sectors. These must be actively promoted and codified in law.

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## Financial Protection, Accountability and Transparency

### September 2018

Mo	Tu	We	Th	Fr	Sa	Su
					01	02
03	04	05	06	07	08	09
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17	18	19	20	21	22	23
24	25	26	27	28	29	30

Ramcharan's daughter had acute pneumonia. She could not be treated in the public hospital nearby. She was brought to the city and was admitted to a private hospital. The cost of the treatment sapped the family's resources and they were forced to borrow money at high rates of interest to pay for the expenses.

### October 2018

Mo	Tu	We	Th	Fr	Sa	Su
01	02	03	04	05	06	07
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22	23	24	25	26	27	28
29	30	31				

Ramcharan is one of the 63 million Indians who are pushed into poverty every year due to health care costs. India's out-of-pocket expenditure for health is one of the highest in the world. Achieving UHC in India requires strengthening of the public sector and regulation of the private sector.



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## Community Participation

November 2018

Mo	Tu	We	Th	Fr	Sa	Su
			01	02	03	04
05	06	07	08	09	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

In a village in Uttar Pradesh, a PHC had no doctor and few medicines were available. Because of pressure from the community and their systematic intervention through local bodies, a doctor was appointed and a regular supply of medicines ensured.

December 2018

Mo	Tu	We	Th	Fr	Sa	Su
					01	02
03	04	05	06	07	08	09
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Panchayati Raj Institutions (PRI) at the village, block and district level need to be empowered and strengthened in order to ensure access to quality health care services in the remotest villages. They also have the responsibility to monitor health services and effectively involve people in their own healthcare. Every state should improve the skills and capacity of PRI institutions.

12th DECEMBER IS UHC DAY



## Centre for Enquiry into Health and Allied Themes

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